## **THOUGHTS**

### BY DOUGLAS W. SCHROEDER SPEAKER ON THE WORD TODAY

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#### **EVIDENTLY, THEY NEED IT**

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I write this as I have just returned from a morning workout at the local budget gym, where my locker was broken into, and my keys stolen. Two other men had their lockers broken and wallets stolen, as well. The officer said it was committed by a Venezuelan gang that came up from Chicago. Because of the open border to the south, our country has changed irreparably. Prepare your mind for potential loss and pain. We have enjoyed a very easy society, but that will not be the case going forward.

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I am very angry, and I must curb myself from hateful thoughts. We are to love our enemies, literally doing good to people who would do bad things to us. That doesn't mean we ask for mistreatment, but that we do not return it. Whenever a situation such as this occurs, I thank God that I am the victim, not the perpetrator. Those who defy the Lord's will are liable to the fire of Hell. That is not my wish for them. I pray they repent before it is too late. In the past, I have said that Middle Eastern countries are sending us their terrorists, and we are sending the Gospel. It is having an impact, and hearts are changing! Now, I am reminded that we are broadcasting on ten stations in Venezuela, and they are sending their criminals. For each person in our land who is violated through theft or assault, I pray that ten people in Venezuela are redeemed for eternity! Evidently, that country desperately needs to hear the Good News.

#### **LIVER LET LIVE**

Alternative medicine and health care have been historically touted as superior methods of retaining health and longevity. Now, a new study suggests that several popular herbal supplements are potentially causing damage to peoples' livers! Where do you suppose many of these weird herbal supplements are being promoted? If you guessed TikTok, you would be correct.

Note well, the supplement industry is largely unregulated, and what the label says may not be what's actually in the bottle," according to Jessica Cording, MS, RD. Where do most of these herbal supplements come from? I'm guessing China. I would not trust any medical or dietary supplement from China, a country in which companies or the government have repeatedly poisoned its own citizens. Do you think more respect would be reserved for us? You are a fool if you think so.

Rather than live a self-controlled lifestyle by eating almost no processed foods and exercising regularly, people have the choice to cheat by taking weight loss drugs, or they can fool themselves into thinking that herbal supplements will fix the problems of poor diet and sedentary lifestyle.

The Word Today Box 77 Greendale, WI 53129



# The Bible is God's Word...Jesus is God's "Word" made flesh... His death and resurrection, the message needed Today.

We humans truly are pathetic in our wickedness and laziness.

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Ingesting nothing other than food and drink has worked well for me. I do not take vitamins or supplements. God didn't create pills, humans did. God put the stuff our bodies need into food. Doesn't it make sense that if we eat what is good for our bodies, in most instances (excepting those who have a specific health condition that requires treatment) the food will supply what we need? The body is unforgiving, and whatever we put into it will either help or hurt it. People suck down all sorts of weird concoctions with little thought as to how the body processes them. In this regard, processed foods which suck nutrients out are worse than useless. I have reduced how much of it I eat. The Christian also keeps spiritually balanced by reminding themselves that the long-term goal is not just to be healthy. That does little to prepare us for death. Being spiritually fit, walking closely with Jesus, makes us realistic that our anti-aging, anti-illness routines will only get us so far. Soon, illness, weakness, and the failure of our body's systems will happen. We are wise if we are clear-minded about it and strong in faith so that when it comes, we are not desperate or depressed.

Millions Of Americans Might Be Damaging Their Livers Using Herbal Supplements, Study Shows (yahoo.com)

#### WE DON'T HAVE THE TOOLS

God has not given humanity the tools to demonstrate the reality of the spiritual world. We are asked to believe, to trust it.

If you cannot measure it, it doesn't exist is the rallying cry of the Materialist. The history of science is one of discovery using increasingly precise instruments. As our tools for discovery have improved, we know much more about the material world. The primary problem is that as we have discovered more about the physical world, we are tempted to think that it encompasses all of reality.

We have not been able to probe the spiritual, nonmaterial world because we have not been given the tools to do so. If a student was asked to prove the existence of atoms but was not given the tools to do so, they would be hard-pressed to make a convincing case. If a person is asked to prove the existence of the soul, how can this be done when we are not given the tools to do so?

Humans are spiritual beings with a physical form, but we have only the means to probe the physical. It is a categorical mistake to presume that because we are adept at probing the physical and not the spiritual, that it means the latter does not exist.

Blessings, Douglas W. Schroeder